



Woodford County Health Department

Prevent. Promote. Protect.



2023 Community Health Survey

Community Health Assessment Demographics

2023



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10%

respondents identified as Hispanic, Black, or bi-racial



2 out of 3 respondents identified as female



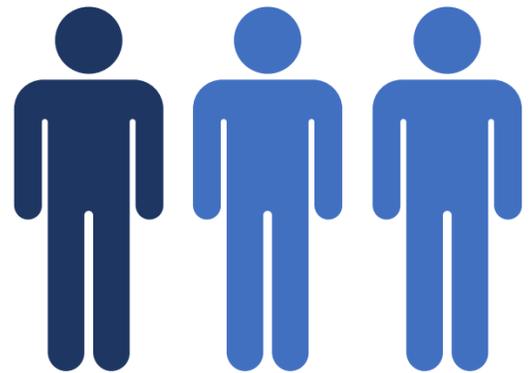
5% of respondents are either homeless or living with friends and family

more than $\frac{1}{2}$

of respondents were between 25 and 55 years of age

2%

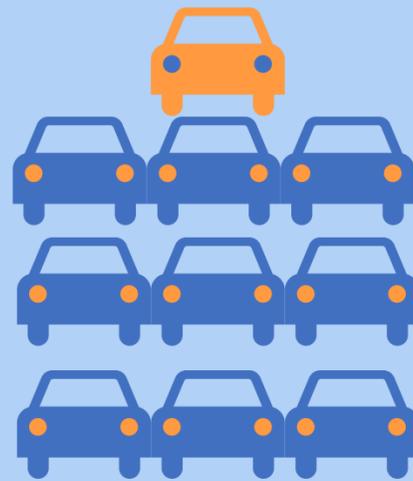
of respondents indicated Spanish as their primary language



1 in 3 respondents reported a household income below \$50K per year

about $\frac{1}{3}$

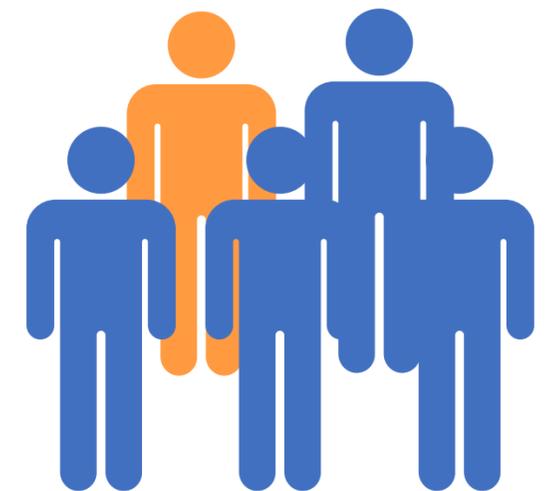
of respondents completed high school but did not get a college degree



Almost 1 in 10 respondents lack transportation



1 in 3 respondents identified cost as a barrier to care



1 in 5 respondents rent the home they live in

Community Health Assessment

Exercise & Nutrition

2023



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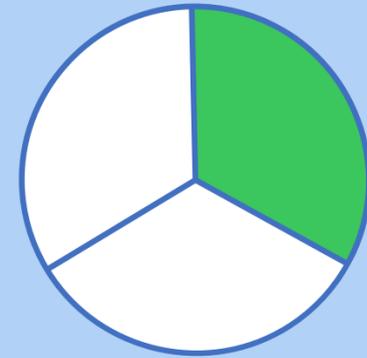
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just over
10%

of respondents said they accepted food assistance last year

more than
 $\frac{1}{2}$

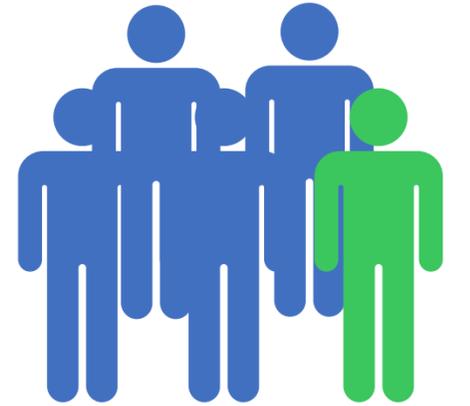
of respondents said they have access to fresh foods at the Farmer's Market



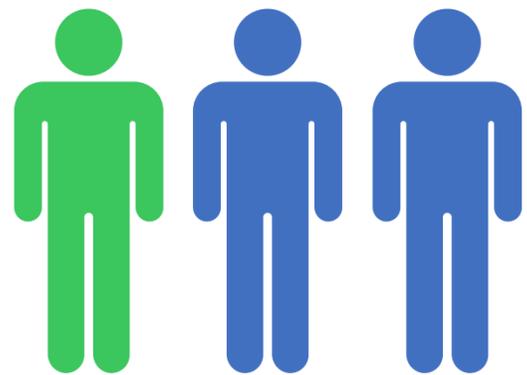
1 out of 3 respondents said they would characterize themselves as unhealthy

75%

respondents said they prepare at least 2 meals at home every day



4 out of 5 respondents said they seek medical treatment with a family physician or at an urgent treatment center



1 in 3 respondents said that they exercise 3-4 times per week

about
 $\frac{1}{3}$

of respondents said that they do not exercise at all



38% of respondents said they exercise at home



1 in 3 respondents identified cost as a barrier to care



2 out of 3 respondents said they get regular health screenings, vaccines, and dental checkups.

Community Health Assessment

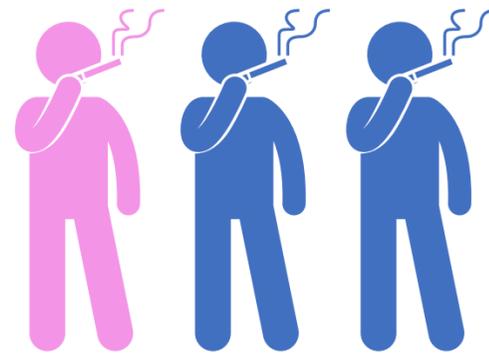
Substance Use

2023



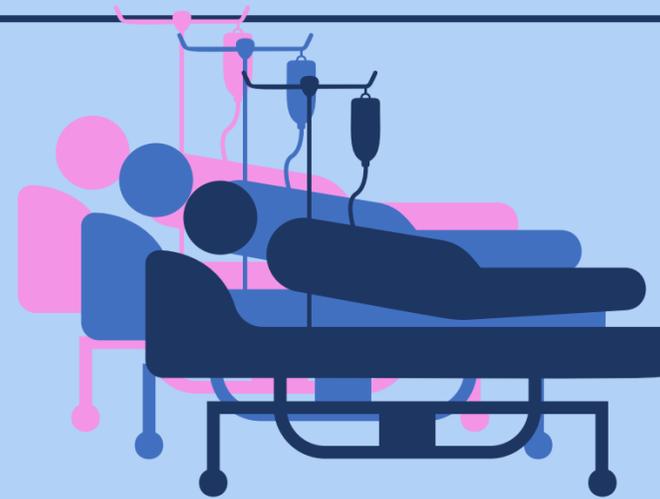
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almost
15%



of respondents identified e-cigarettes as a major problem in Woodford County

1 out of 3 respondents who reported substance use in their home indicated marijuana as the drug of choice



7 out of 10 respondents thought it was important or extremely important for Woodford County to have resources for people who need to detox, such as: Recovery housing programs (safe and sober living), transportation, second-chance employment opportunities, and the delivery of acute-phase treatment that can provide a seamless transition from detox into recovery.

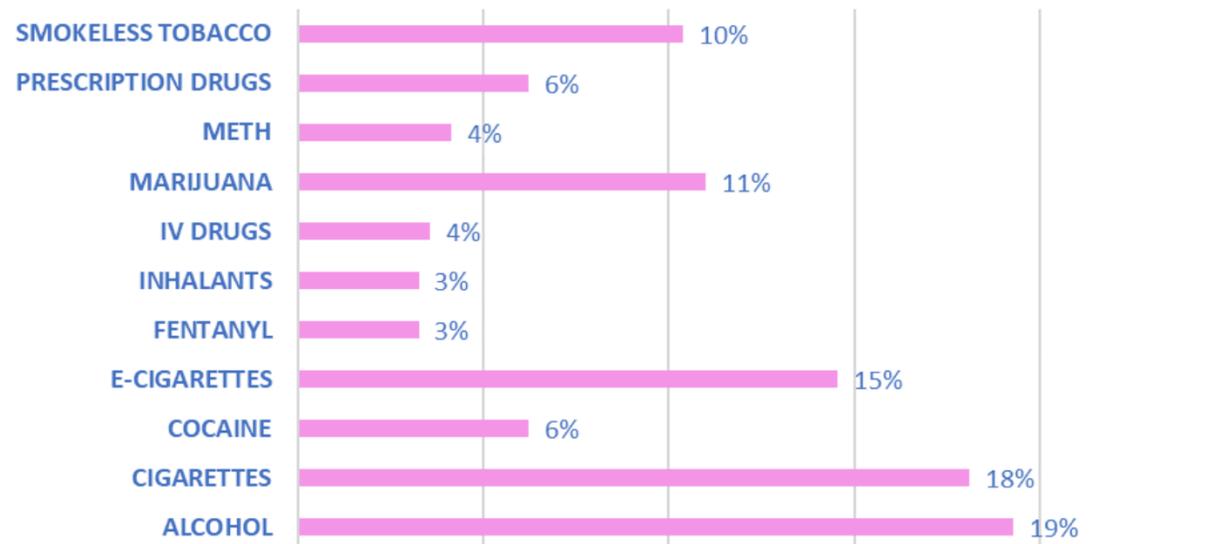


1 out of 4 respondents who reported substance use in their home indicated prescription pills as the drug of choice

more than
1/2

of respondents who reported substance use didn't seek treatment due to fear, shame, and a lack of treatment options

% of respondents who said they know someone who is using the following substances:



Reasons respondents said they do not seek treatment for substance use disorders



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Mental Health

2023



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5%

respondents who said they had considered harming themselves in the last twelve months



1 in 3 respondents identified cost as a barrier to care



Seven respondents reported having attempted suicide in the previous 12 months.

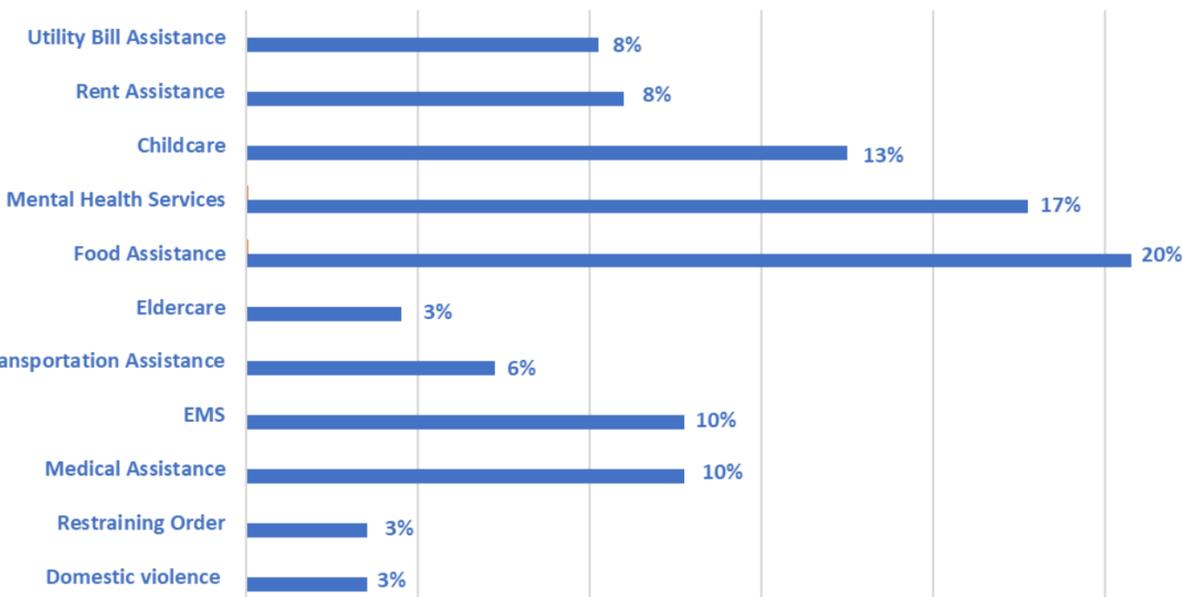
more than **1/2**

of respondents were between 25 and 55 years of age

7%

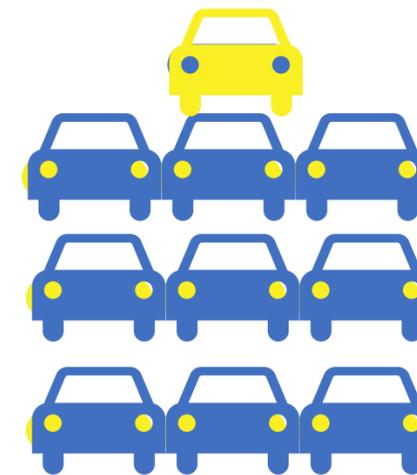
respondents who said they had a mental health diagnosis and were NOT currently in treatment

In the past year, did you need to access any of the following services?



17

percent of respondents reported seeking mental health services in the past 12 months



Almost 1 in 10 respondents lack transportation



5% of respondents are either homeless or living with friends and family

Community Health Assessment

Top 5 Priorities

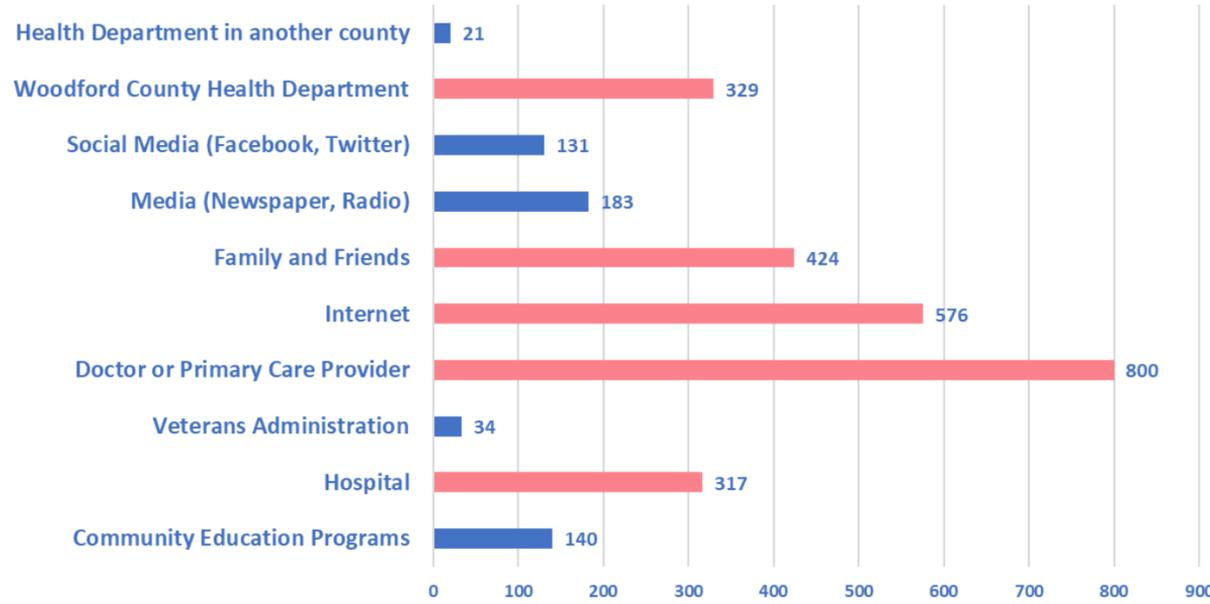
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What are the top 5 resources you rely on for health information?



Top 5 Risk Behaviors

1. Mental Health
2. Obesity
3. Heart Disease
4. Substance Abuse
5. Diabetes

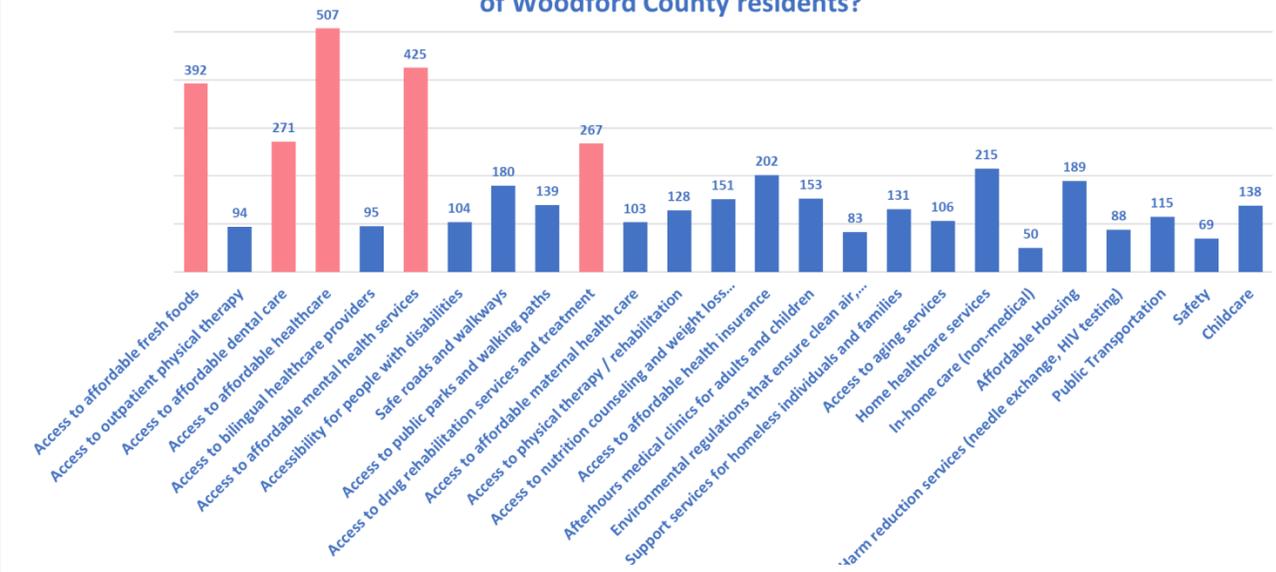
Top 5 Services Needed

1. Access to affordable care
2. Access to affordable mental health services
3. Access to affordable fresh foods
4. Access to affordable dental care
5. Access to drug rehabilitation and treatment

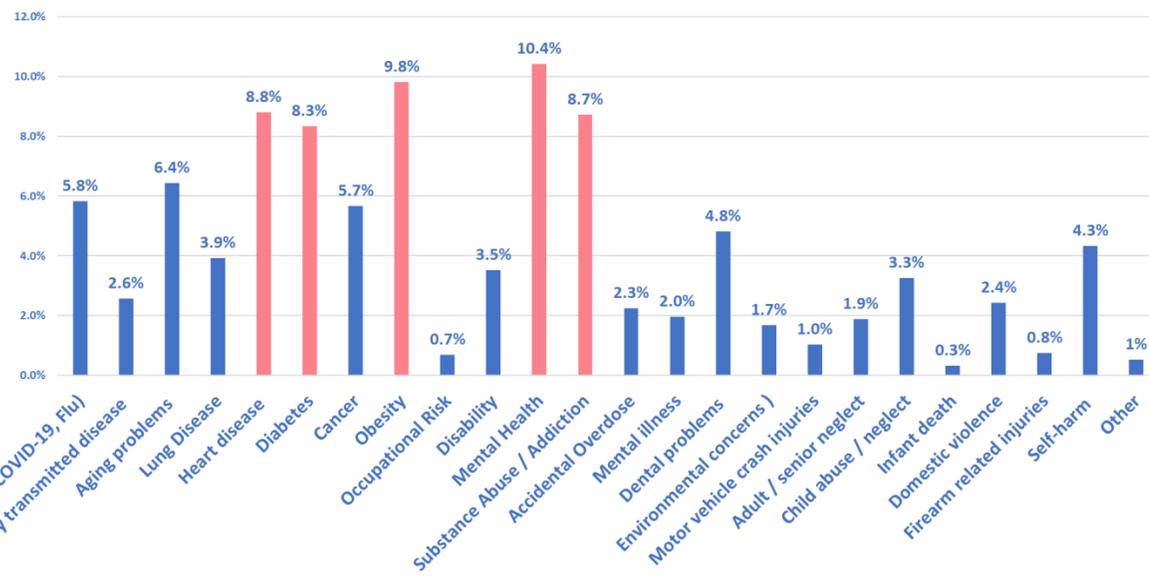
Top 5 Health Problems:

1. Substance Use
2. Distracted Driving
3. Driving Under the Influence
4. Overdose
5. Lack of exercise

What 5 services do you think are the most important to the health and well-being of Woodford County residents?



What are the top 5 health problems that need to be addressed to make Woodford County healthier?



What are the 5 risk behaviors that pose the greatest health risks to our community?

