



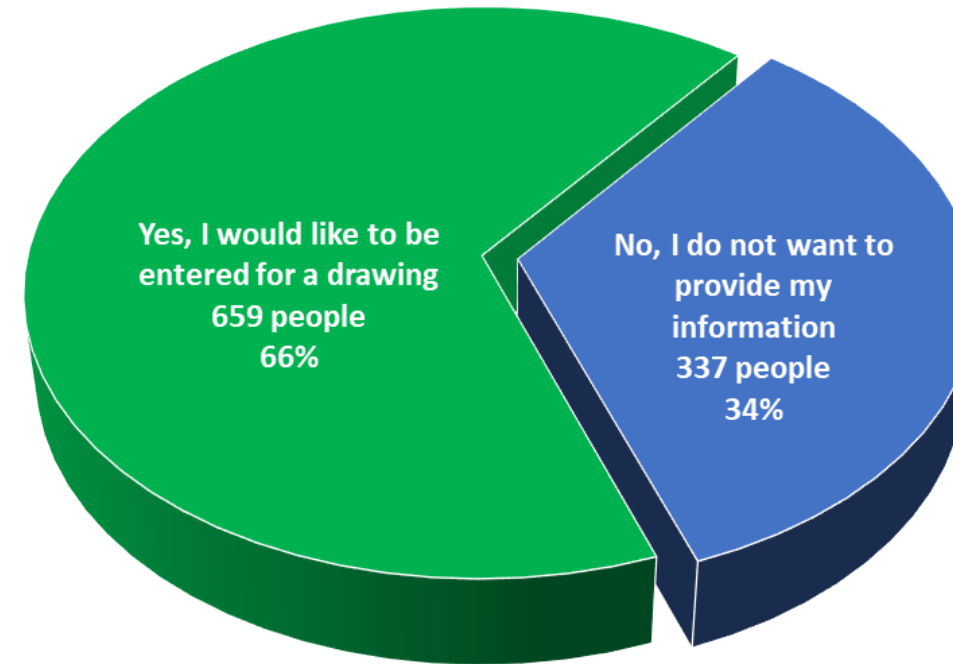
2023 Community Health Survey



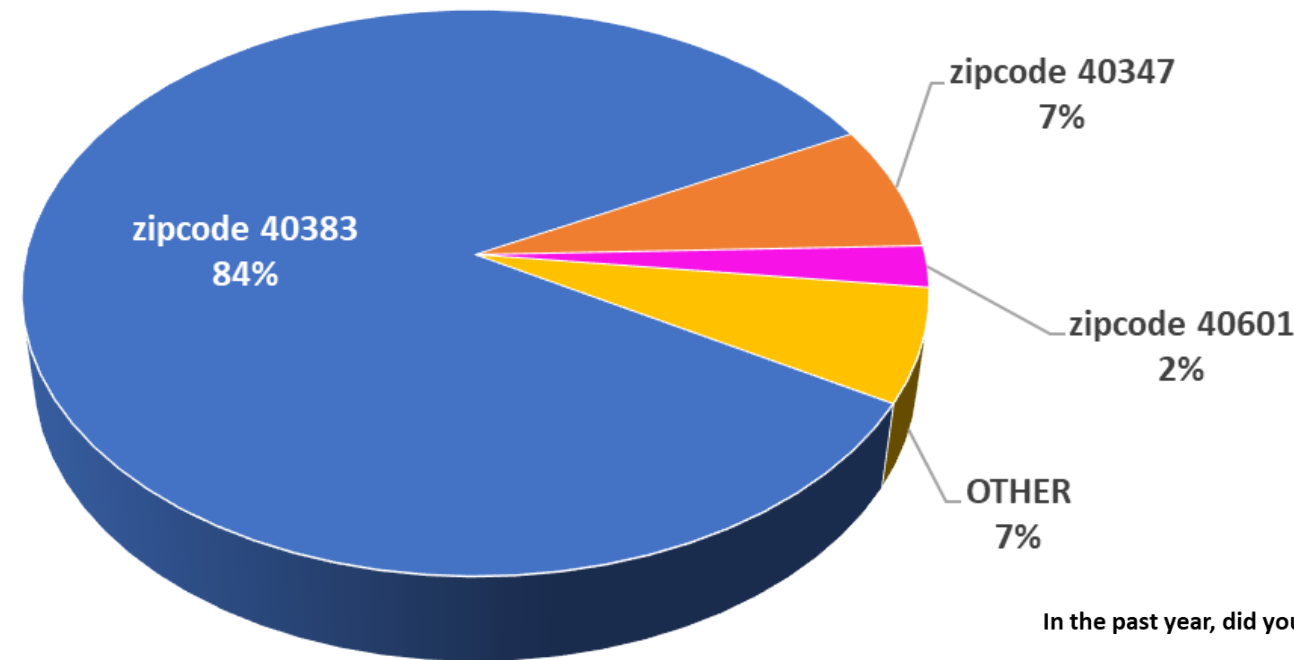
**Woodford County
Health Department**

Prevent. Promote. Protect.

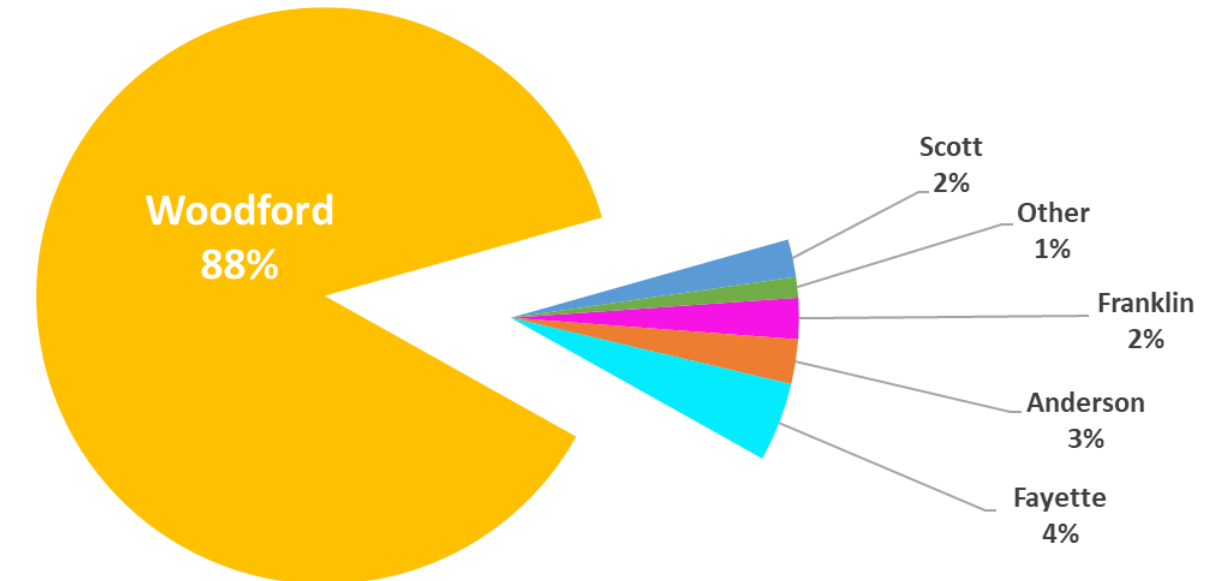
Would you like to be entered into a drawing? Your survey responses will in no way be linked to your contact information.



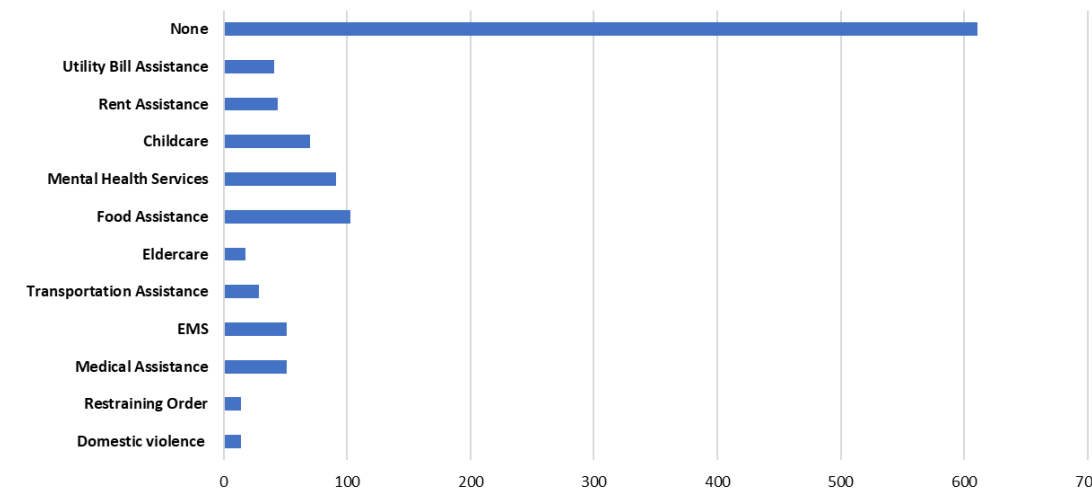
What is your zip code?



Where do you live / work?



In the past year, did you need to access any of the services listed below in the past 12 months?



Community Health Assessment Demographics

2023

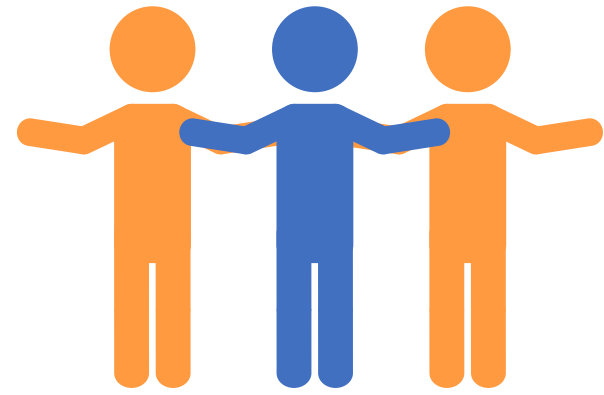


Woodford County Health Department

Prevent. Promote. Protect.

10%

respondents
identified as Hispanic,
Black, or bi-racial



2 out of 3 respondents
identified as female



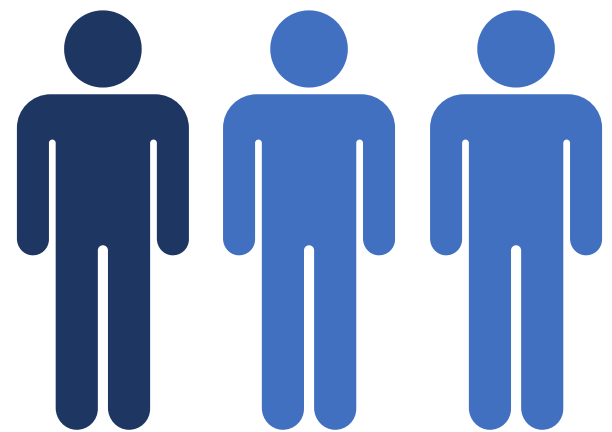
5% of respondents are
either homeless or
living with friends and
family

more than
 $\frac{1}{2}$

of respondents were
between 25 and 55
years of age

2%

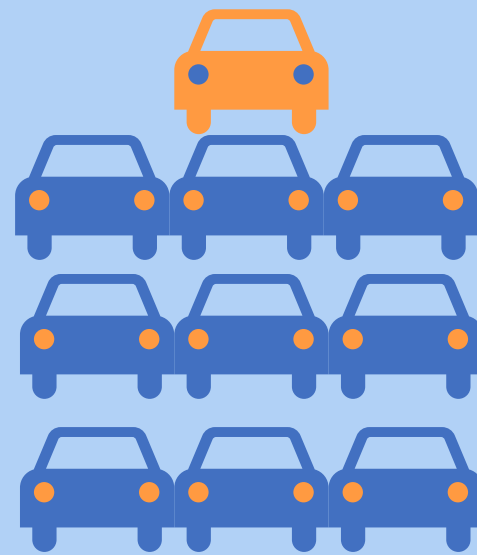
of respondents
indicated Spanish as
their primary
language



1 in 3 respondents
reported a household
income below \$50K
per year

about
 $\frac{1}{3}$

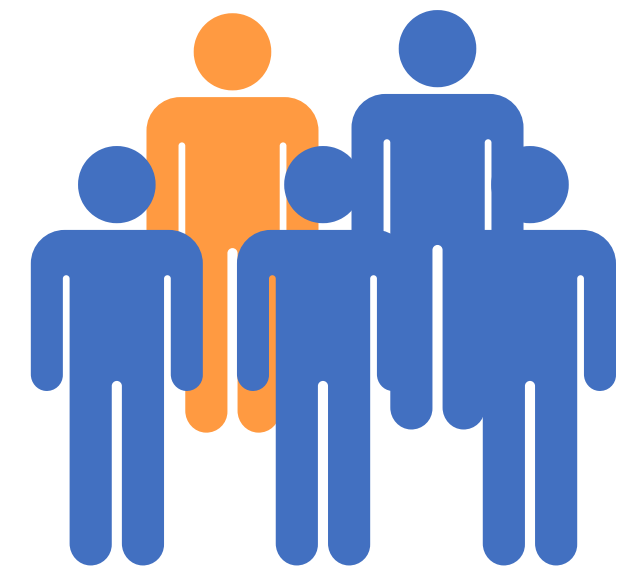
of respondents
completed high
school but did not get
a college degree



Almost 1 in 10
respondents lack
transportation



1 in 3 respondents
identified cost as a
barrier to care



1 in 5 respondents
rent the home they
live in

Community Health Assessment

Exercise & Nutrition

2023



Woodford County Health Department

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more than
10%

of respondents said they accepted food assistance last year

more than
 $\frac{1}{2}$

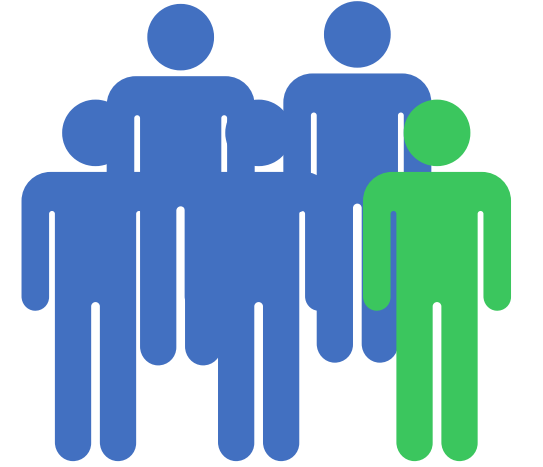
of respondents said they have access to fresh foods at the Farmer's Market



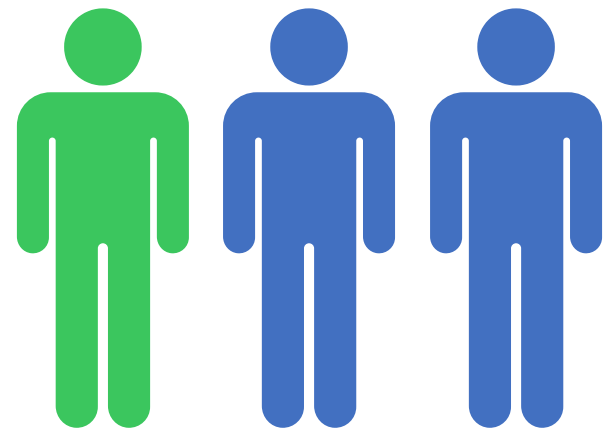
1 out of 3 respondents said they would characterize themselves as unhealthy

75%

respondents said they prepare at least 2 meals at home every day



4 out of 5 respondents said they seek medical treatment with a family physician or at an urgent treatment center



1 in 3 respondents said that they exercise 3-4 times per week

about
 $\frac{1}{3}$

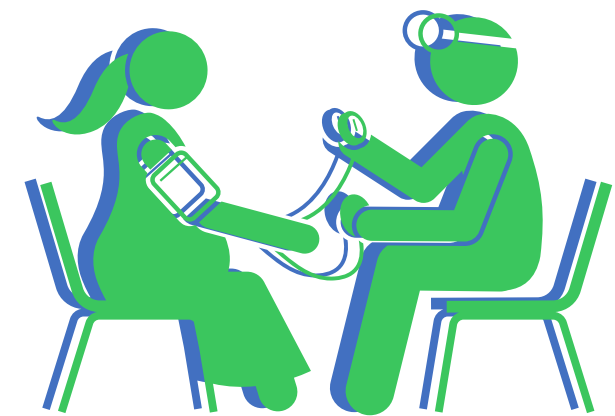
of respondents said that they do not exercise at all



38% of respondents said they exercise at home



1 in 3 respondents identified cost as a barrier to care



2 out of 3 respondents said they get regular health screenings, vaccines, and dental checkups.

Community Health Assessment

Substance Use

2023

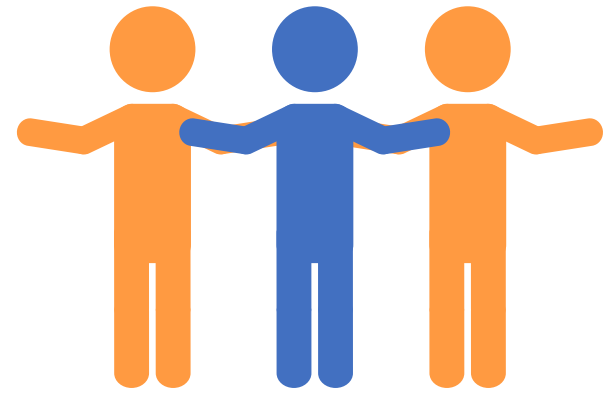


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respondents identified as Hispanic, Black, or bi-racial



2 out of 3 respondents identified as female



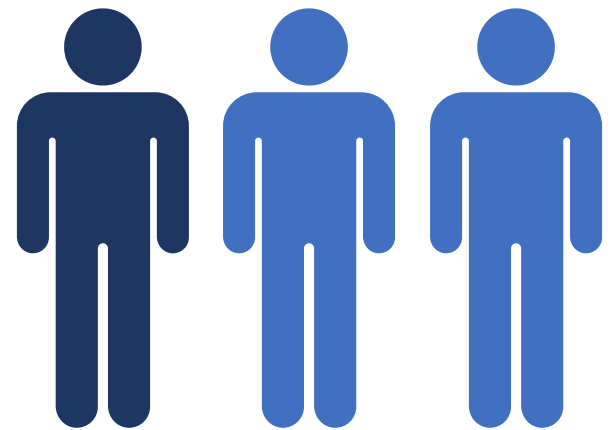
5% of respondents are either homeless or living with friends and family

more than $\frac{1}{2}$

of respondents were between 25 and 55 years of age

2%

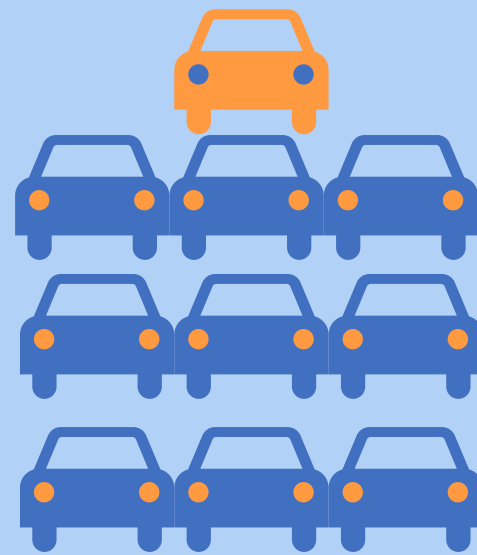
of respondents indicated Spanish as their primary language



1 in 3 respondents reported a household income below \$50K per year

about $\frac{1}{3}$

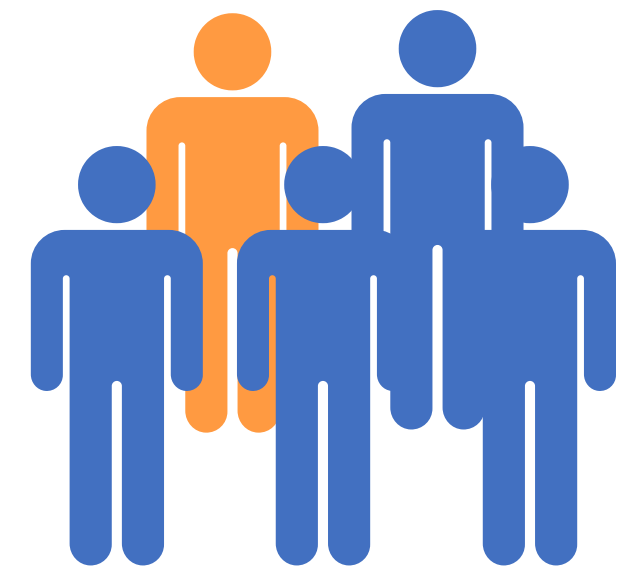
of respondents completed high school but did not get a college degree



Almost 1 in 10 respondents lack transportation

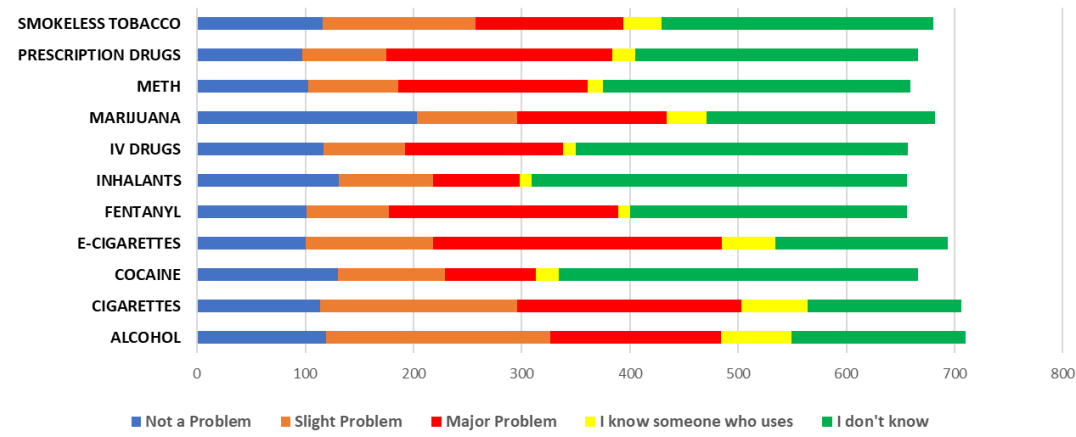


1 in 3 respondents identified cost as a barrier to care

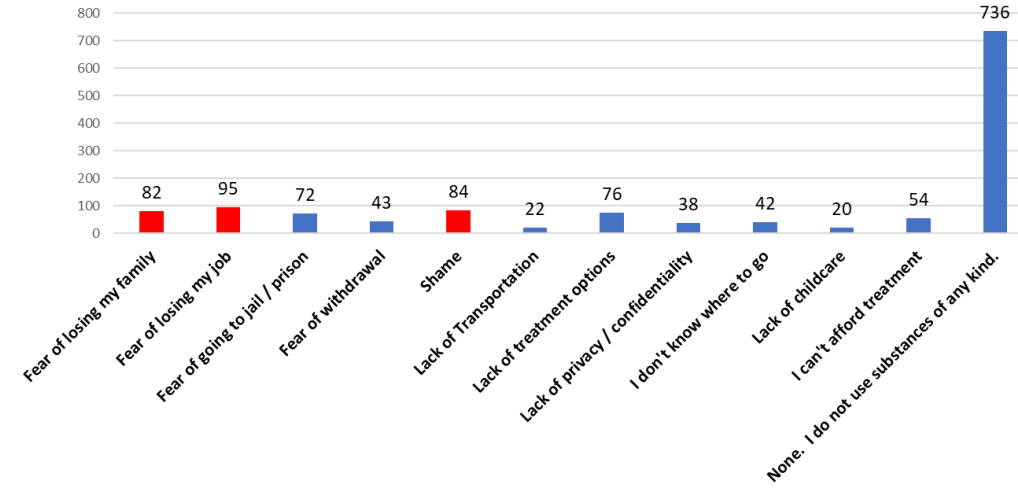


1 in 5 respondents rent the home they live in

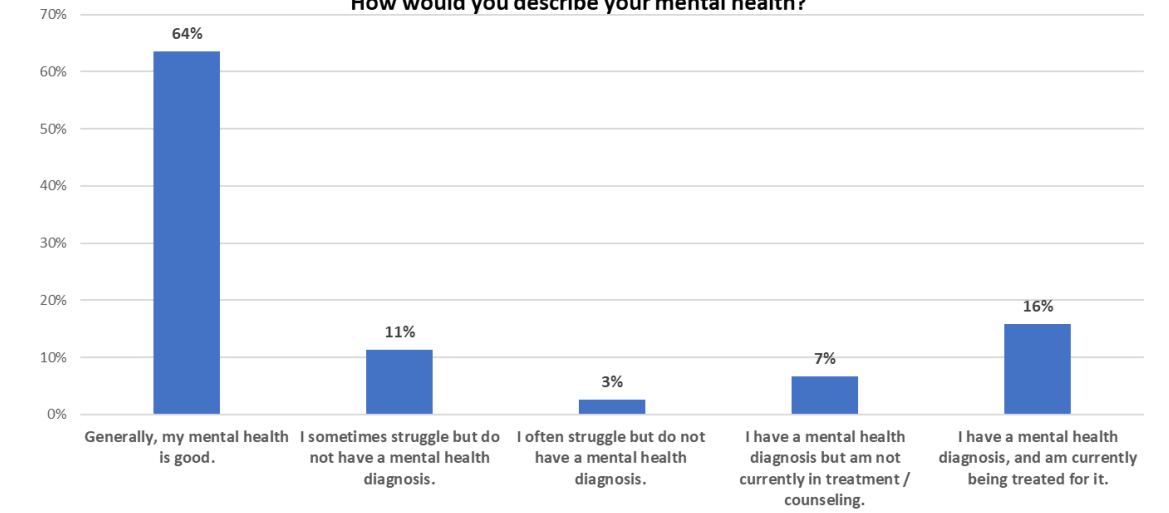
What degree of risk do these substances pose to the health and safety of residents in Woodford County?



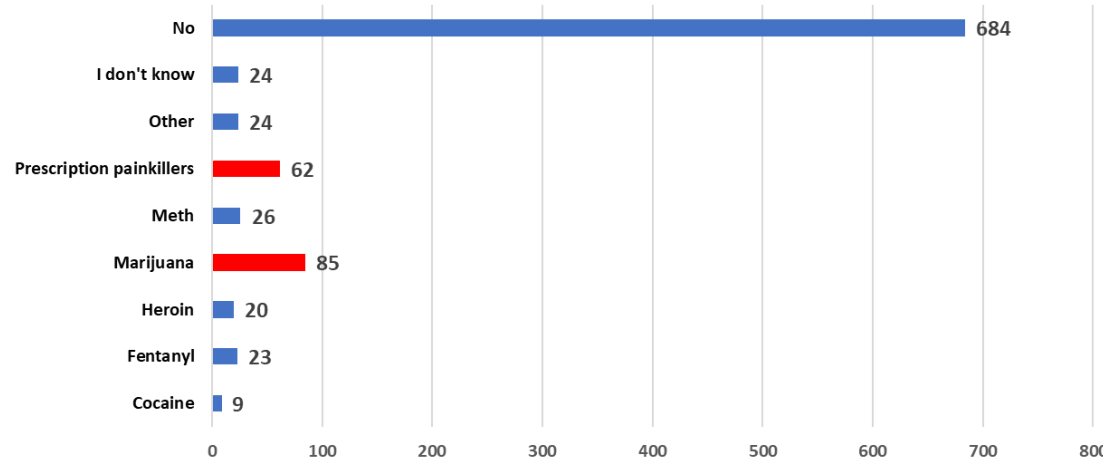
What are the TOP 3 barriers that would prevent you from seeking help for substance abuse?



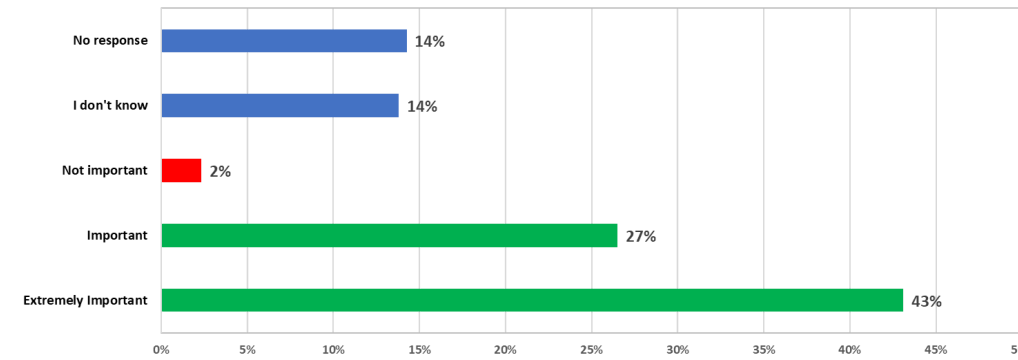
How would you describe your mental health?



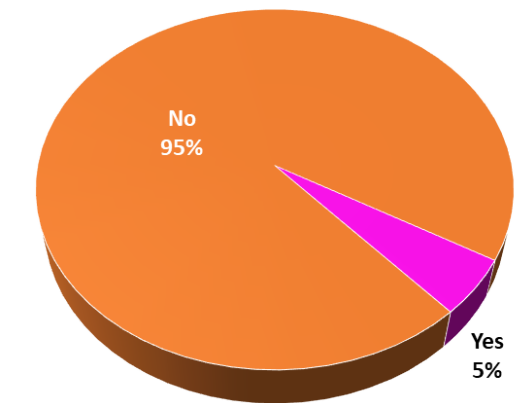
Have you or someone in your household used any of the following substances in the past 12 months?



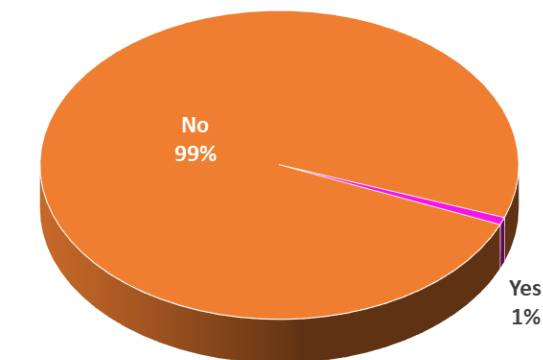
How important do you think it is for Woodford County to have resources for people who need to detox, for example, acute-phase detox treatment that can provide a seamless transition from detox into recovery?



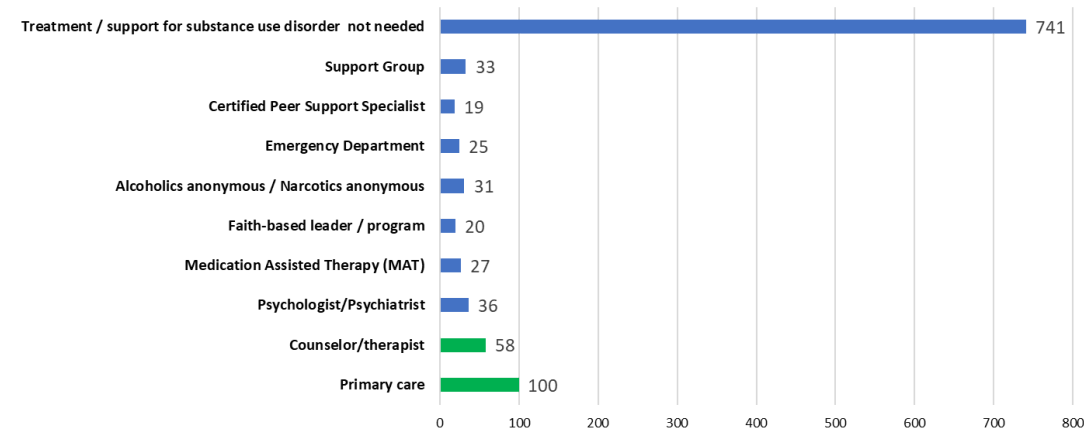
Have you thought about harming yourself in the last 12 months?



Have you attempted suicide in the last 12 months?



What type of treatment / support have you or a member of your household used for substance use disorders in the past 12 months?



Community Health Assessment

Access to Care

2023

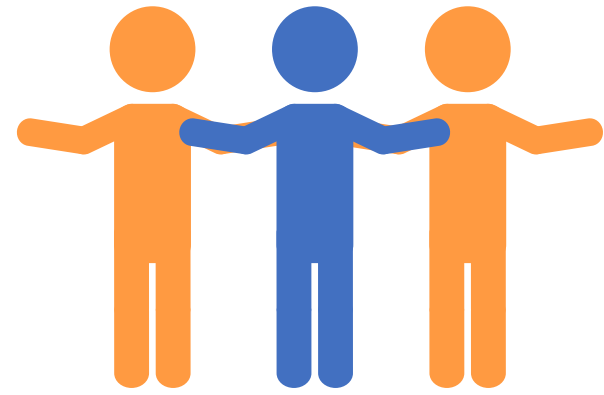


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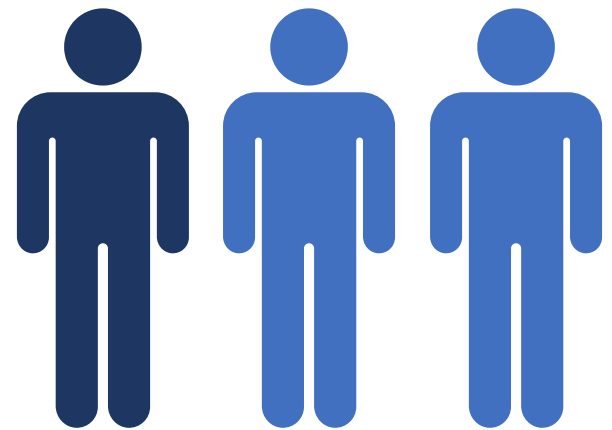
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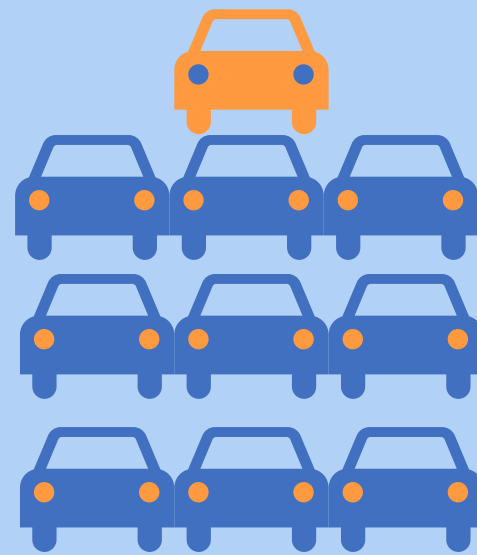
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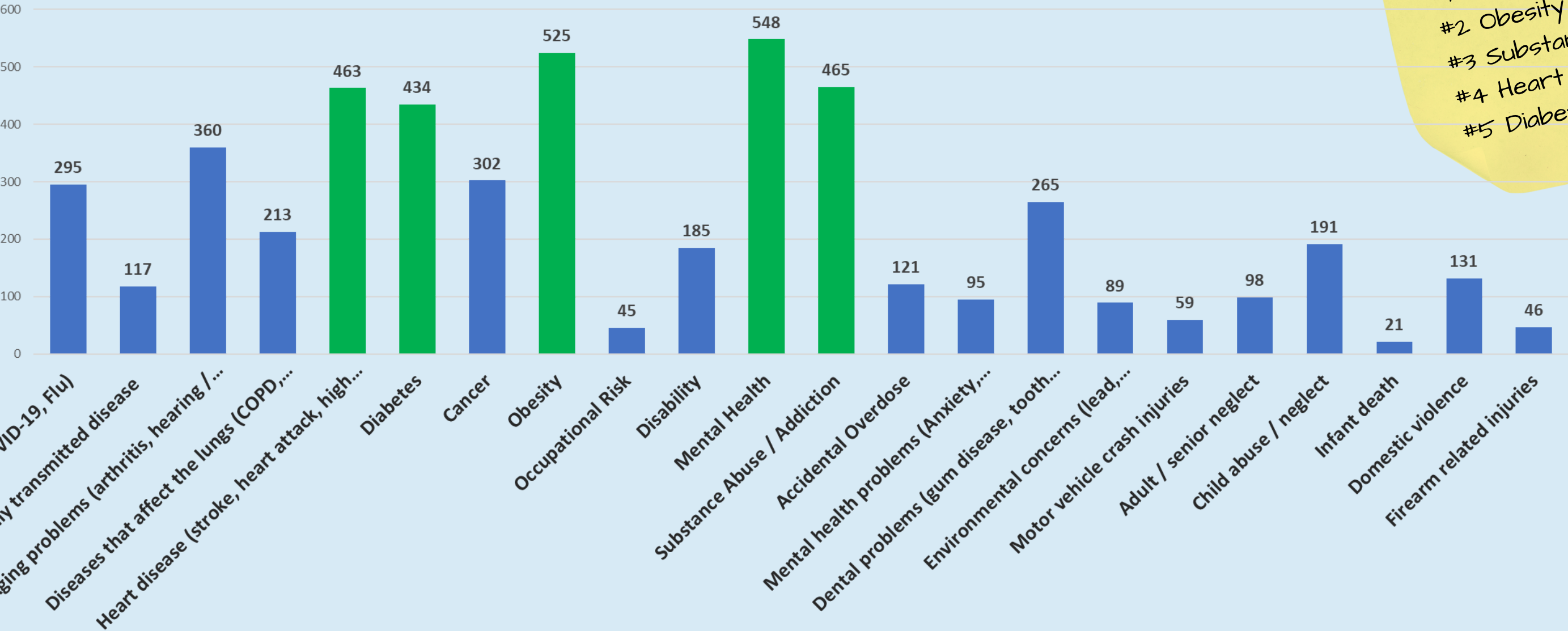


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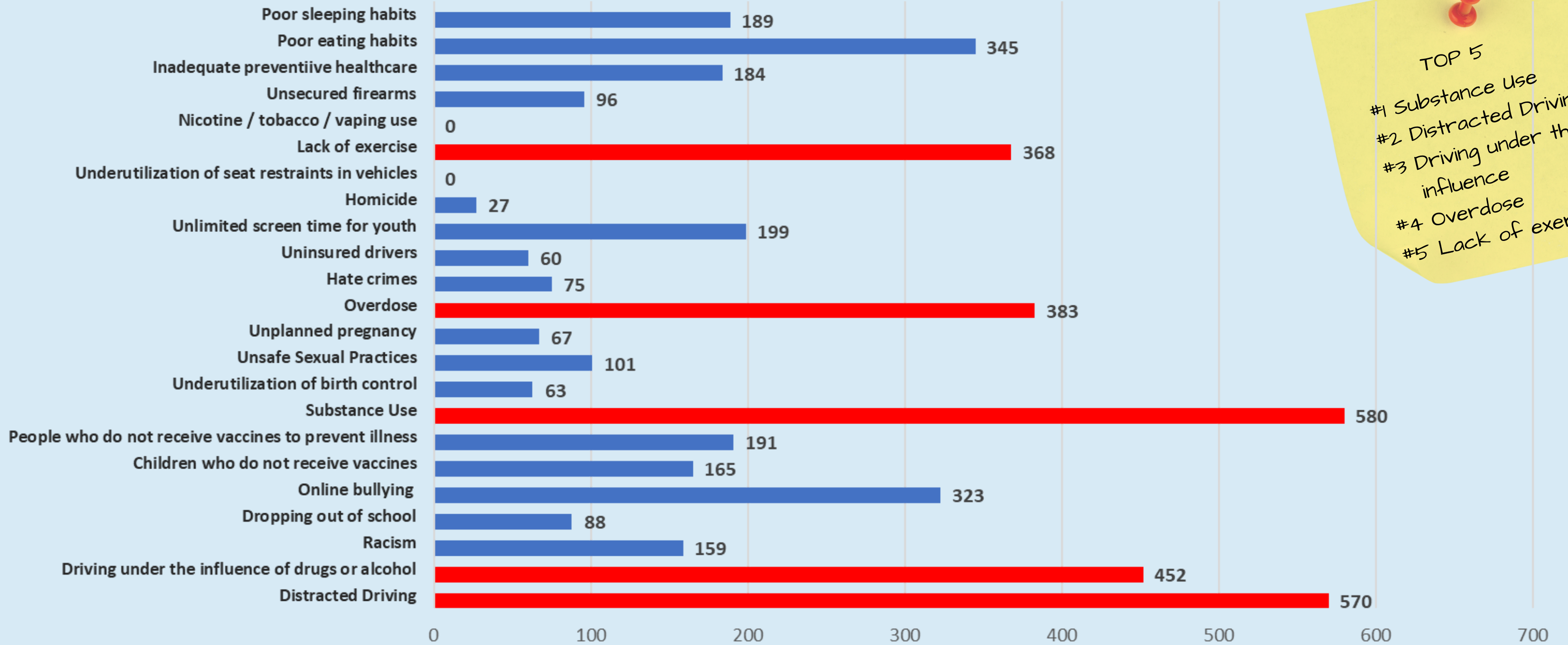
What are the top 5 health problems that need to be addressed to make Woodford County healthier?



TOP 5

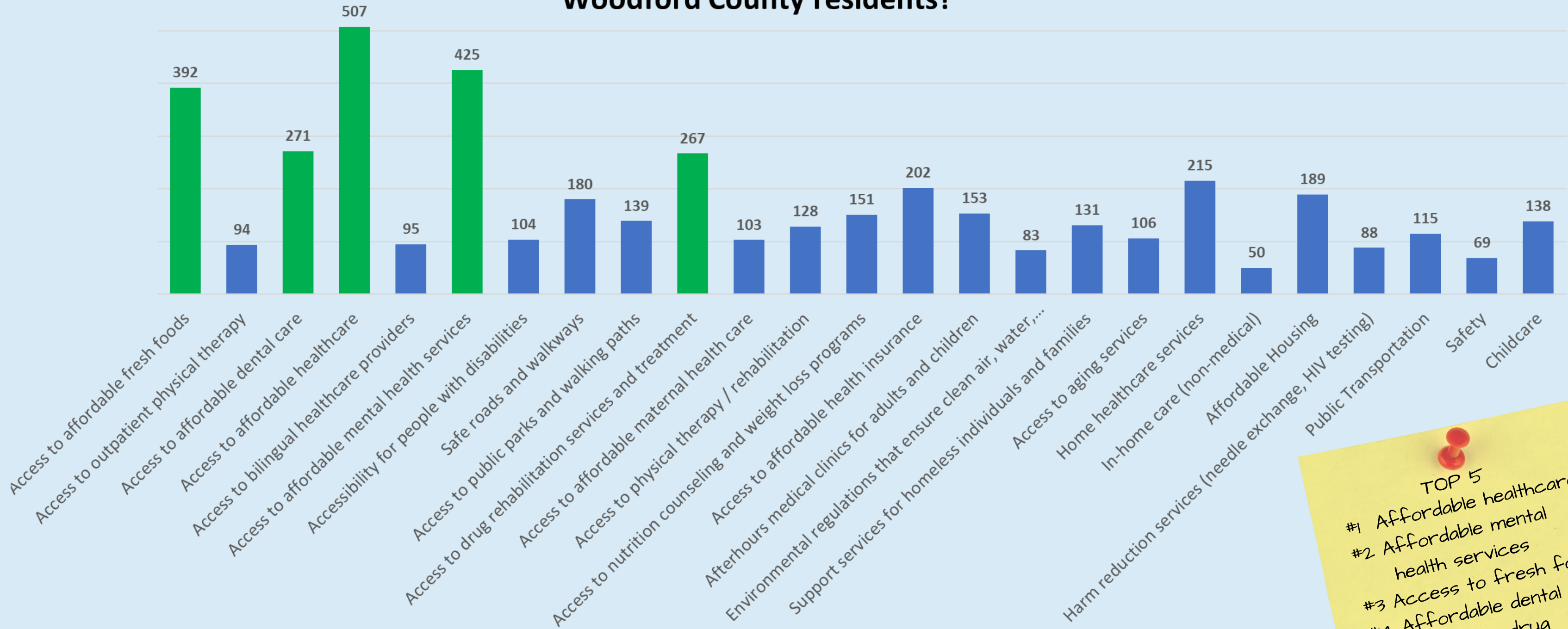
- #1 Mental Health
- #2 Obesity
- #3 Substance Abuse
- #4 Heart Disease
- #5 Diabetes

What are the 5 risk behaviors that pose the greatest health risks to our community?



TOP 5
#1 Substance Use
#2 Distracted Driving
#3 Driving under the influence
#4 Overdose
#5 Lack of exercise

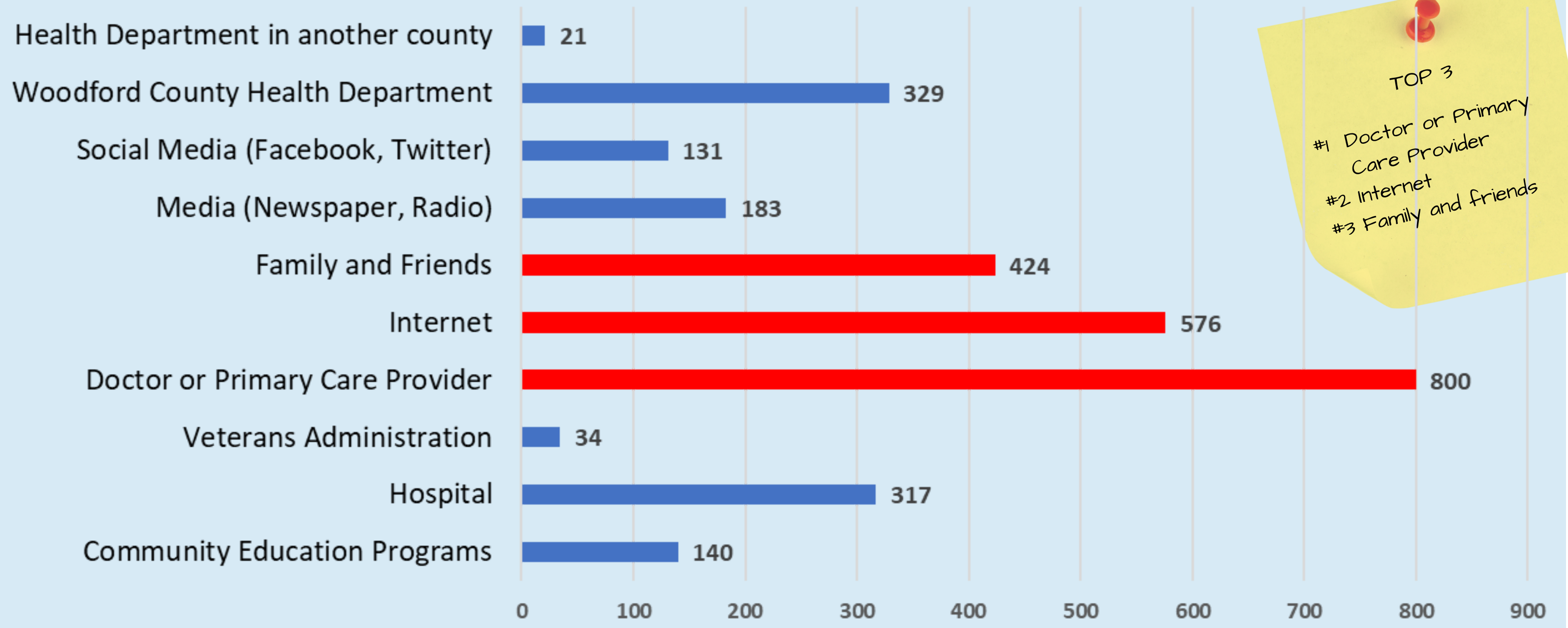
What 5 services do you think are the most important to the health and well-being of Woodford County residents?



TOP 5

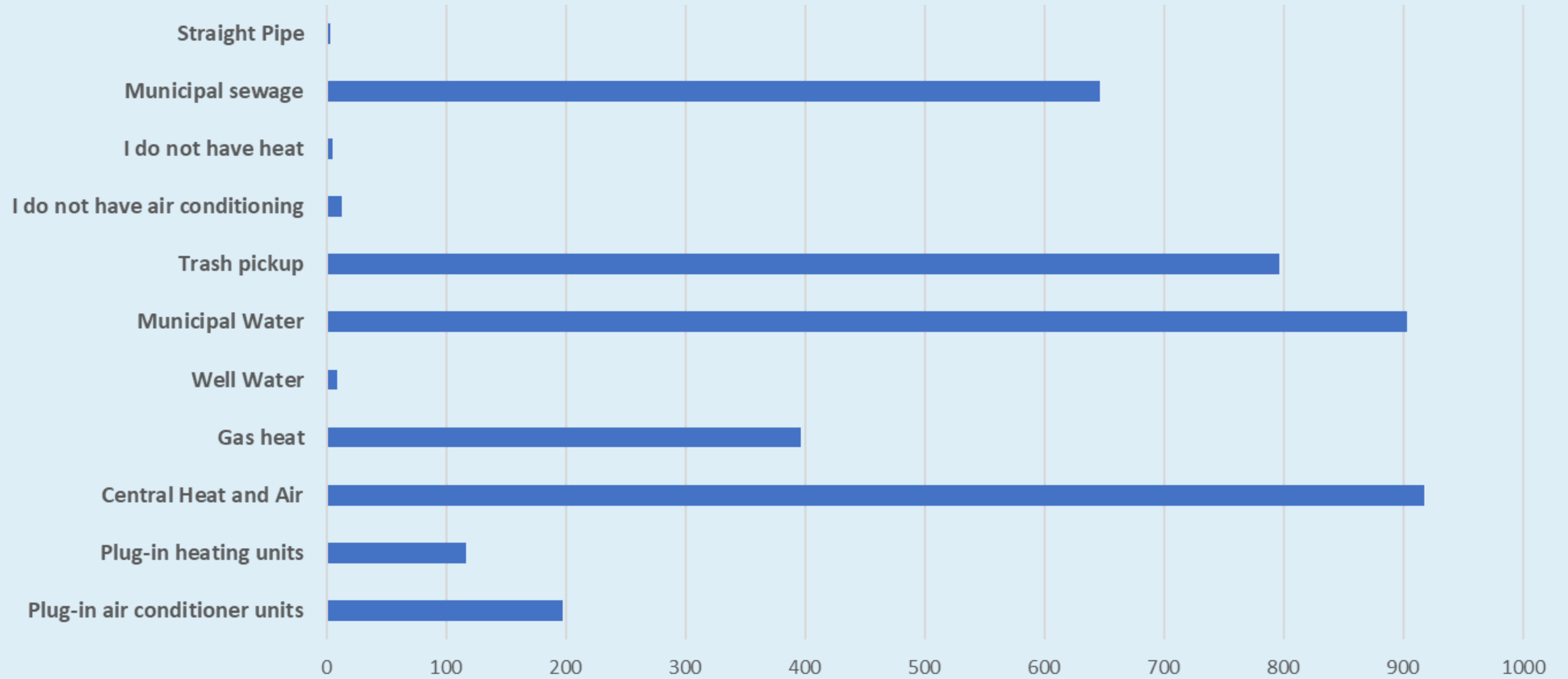
- #1 Affordable healthcare
- #2 Affordable mental health services
- #3 Access to fresh foods
- #4 Affordable dental care
- #5 Access to drug rehabilitation and treatment

What are the top 3 resources you rely on for health information?



TOP 3
#1 Doctor or Primary Care Provider
#2 Internet
#3 Family and friends

What types of utilities do you have in your home?



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